



## Young Spirit Dart Canoe expedition.



# Year 6 Kit list

**Before you buy anything new, please check with Mr Hankin to see if the school or Young Spirit can supply your child with the missing item first. We need a couple of weeks notice to sort extra kit out. Kit taken will get dirty and damp so older items are recommended.**

### Clothes to wear

- Trousers, jogging bottoms or similar (**not** jeans but possibly shorts)
- T-shirt x1
- Jumper/ fleece x1
- Pair of thick socks
- Walking boots/shoes or trainers with good soles (it can get very muddy when wet.)

### In a bag suitable for carrying (small rucksack)

- Warm hat & gloves are a must – even if just worn at night
- Packed lunch
- Drinks bottle
- Waterproof coat (and trousers if possible)
- Optional sun cream & sun hat should weather conditions require.

### Bedding, overnight and camping kit

**Packed in large bag/rucksack or thick double bin bags and labelled  
(Stickers can be provided in school)**

- 1x pair trousers, 1x T-shirt, 1x warm top, 2x pair socks, 1x underwear
- Pillow case with dry unworn clothes (detailed just above) packed inside to make a pillow
- Wellies
- Trainers, crocs or sandals, for camp
- Sleeping bag
- Warm nightwear
- Small towel
- Toothbrush & toothpaste
- One personal item (optional): soft toy, book, camera etc (electronic games, mp3s and mobile phones are **not** allowed)
- Medication, if carried (remember to complete medicines form with school adult)
- Small torch
- Small bottle of antiseptic gel for cleaning hands (not alcohol-based)
- Knife, fork, spoon
- plastic or metal camping mug, bowl, plate.

[www.youngspirit.co.uk](http://www.youngspirit.co.uk)

Mark Reeves (Accredited Practitioner of the Institute of Outdoor Learning)