

# Young Spirit Year 5 Dewerstone Expedition

#### Kit list

## (kit taken will get dirty, smoky and damp so older items are recommended)

### The list below should be adjusted to take into account weather conditions

### Clothes to wear on arrival at school on day 1

- Trousers, jogging bottoms or similar (not jeans but maybe shorts)
- T-shirt, jumper/ fleece
- Socks
- Suitable walking boots or trainers with sturdy soles.

#### In a bag suitable for carrying, e.g. small rucksack carried by child to camp

- Sun cream
- Warm hat or sun hat
- Packed lunch with drinks bottle (to be refilled later)
- Waterproof coat (and trousers if possible)

### Bedding, overnight and camping kit (to travel on truck to meet us at camp)

- Packed and sealed in a <u>separate</u> soft bag, rucksack or thick double bin bags and labelled (stickers will be available in school.)
- 1x pair trousers, 1x T-shirt, 1x warm top, 2x pair socks, underwear
- Wellies are a definite! (as it can be muddy when wet)
- Trainers / crocs for around camp
- Swimming costume for girls or swim shorts for boys (not for swimming!)
- Sleeping bag (it is possible that all items taken will get damp and dirty)
- Empty pillow case this will be filled with clean clothes and used as a pillow
- Warm nightwear it gets very cold at night!
- Towel
- Toothbrush, toothpaste
- Personal items (optional) a soft toy, a book, a camera (mobile phones are **not** allowed as we cannot guarantee they will not be damaged).
- Small torch
- Spoon, plastic mug, plastic bowl, plastic plate

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