20th June 2023

<u>Relationship and Health Education – Puberty for boys and girls</u>

Dear Parents/Carers,

Last year, we wrote to you sharing our plans for Relationships, Health and Sex Education learning across the whole school. This letter highlighted in some detail the content of learning being shared with children in the second half of Summer term.

Children in Years 5 and 6 are will be learning more about their bodies with a specific focus on puberty. On **Monday 26th June** both classes will mix into separate boy and girl groups in order to understand more about what their bodies are going through. It is felt that this is relevant as puberty can take place for children anytime between the ages of 10 and 14 – experience tells us that this is of course different for everyone and that this can happen earlier for some.

For the start of the lesson, children will be in their own classes recapping prior knowledge about the specific names of male and female reproductive parts: vagina, vulva, uterus/womb, ovaries, fallopian tubes, penis and testicles. After this recap has taken place, there will be two separate groups for the remainder of the lesson. Miss Manley and Miss Wicks will work with girls from Year 5/6 to discuss the menstrual cycle. All involved will be encouraged to discuss and ask questions about related issues or hygiene products.  Mr Hankin and Miss Minnie will lead the Year 5/6 boys in discussing puberty at an age appropriate level, explaining the changes taking place in their bodies. Vocabulary used in this lesson will include the names of specific male reproductive parts and: erection, ejaculation, wet dream, larynx.

Please feel free to speak to us if you have any questions regarding this lesson or any lessons in the delivery of relationships, health and sex education.

Yours sincerely,

Scott Hampton                Graeme Hankin                Jess Manley
Acting Head Teacher        Year 6 Learning Leader      Year 5 Learning Leader