



*Learning together - enjoying success - aiming high –
celebrating difference – enriching community*

19th May 2022

Dear Parents/Carers,

Relationships and Health Education – The Haytor View Approach

You may remember that back in September 2021 we wrote to you detailing our plans for provision for your children following the Department for Education's statutory guidance for teaching Relationships and Health Education (including puberty), and the requirement of school to have a programme of sex education, we include this within our whole-school PSHE Programme.

In light of this guidance we reviewed the curriculum that we teach in relation to Personal, Social and Health Education (PSHE). We also shared with you a questionnaire enabling you to share any thoughts or concerns that you may have – we are grateful for those returned to us and for the dialogue this led to.

We believe that successful teaching around Relationships and Health Education can only take place when parents and school work together. With this in mind we are keen to share with you the focus for our plans for supporting your child's Relationships, Health and Sex Education in the Summer Term:

- **Year 1** – Children are encouraged to think about how they have changed from being a baby and what may change for them in the future. They name body parts e.g. Eye, Foot, Eyebrow, Forehead, Ear, Mouth, Arm; no specific terms are introduced from school, but provides scope for children to share what names they may use for parts of their body;
- **Year 2** – Children look at simple changes from baby to adult e.g. getting taller, learning to walk etc. Children are taught that we keep parts of our body private by wearing underwear, thinking about 'why we giggle' when talking about private body parts.
- **Year 3** – Children reflect on the changes that occur (not including puberty) between baby, toddler, child, teenager, adult and old –age. Physical differences between boys and girls are introduced, vocabulary taught includes: Penis, Testicles, Vagina.
- **Year 4** – Children learn that it is usually the female that carries the baby in nature. Children first look at the outside body changes in males and females. They learn that puberty is a natural part of growing up vocabulary introduced or consolidated : Male, Female, Penis, Vagina, Testicles, Puberty.
- **Year 5** – Bodily changes at puberty are explored with some additional or previously introduced vocabulary: Sperm, Egg / Ovum, Penis, Testicles, Vagina / Vulva, Womb / Uterus. Conception and sexual intercourse are introduced in simple terms so the children understand how a baby is formed by the joining of an ovum and sperm (This takes place in Lesson 2 and parents can request their child is withdraw from this lesson).
- **Year 6** – Puberty is further explored explaining bodily changes in males and females. Sexual intercourse is explained (This takes place in Lesson 4 and parents can request their child is withdraw from this lesson).. Children are encouraged to ask questions and seek clarification about anything they don't understand. Vocabulary introduced or consolidated includes: Breasts, Genitals, Sperm, Sexual Intercourse, Sanitary Products, Egg / Ovum, Penis, Testicles, Vagina / Vulva, Womb / Uterus.

Guidance states that 'Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory Relationships and Health Education'. Be assured that in planning for the unit of work class teachers will bear in mind the children's age and their physical and emotional maturity, in order that learning is developmental and supportive of their learning and self awareness. Please feel free to speak with your child's class teacher or a school leader if you have any questions regarding the school's delivery of its relationship, health and sex education.

Yours sincerely

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