



*Learning together - enjoying success - aiming high –  
celebrating difference – enriching community*

## Master Owl's Mindfulness Tour

On **Monday 12<sup>th</sup> July** the whole school from Nursery to Year 6 will have the opportunity to meet Rob Holmes - a Devon based author who has published a range of books. Each class across the day will meet Rob and spend time with him as he reads his own stories to the children.

After hearing the story that Rob shares, he will guide each class in a short mindfulness opportunity, designed to allow children to pay attention to their bodies and their breathing. He also hopes to lead discussions with children encouraging them to become young writers.

You will find more information about Rob Holmes and his stories at:

<https://www.robholmes.org>

If any parents would like to pre-order the Master Owl book ahead of Rob's visit, he will bring copies along, sign and dedicate them to each child who wants a book. **The books cost £5.**

Rob has asked that families who wish to purchase a book pop £5 into a sealed envelope and clearly mark the front '**Master Owl book order**' and **add your child's name, class and dedication request**. If you have no envelopes handy, feel free to approach us in the office and we'll be happy to provide one.

Please ensure that your child's book order is given to the office by the morning of **Monday 12<sup>th</sup> July** at the very latest as we are unable to accept any book orders after this time.

Many thanks,

Sarah Butler

Foundation Stage Leader