

A challenge from Mrs Cousins and Mrs Brown

Being in lockdown is difficult; many of us forget how to have fun and to remember about other people. With this in mind, we would like to give you a list of tasks and challenges to complete over the week. Please complete as many of these as you can and tick them off when they're finished. ☺

- ☐ Have a lie in in the morning.
- ☐ Have a conversation with a grownup which is not about you!!
- ☐ Phone an adult you do not live and have a chat.
- ☐ Jump in a puddle.
- ☐ Learn how to make a cup of tea (with adult support).
- ☐ Create an instrument with household items.
- ☐ Make a den, either on a walk, in your garden, in your room.
- ☐ Watch a funny film.
- ☐ Try a new food.
- ☐ Use a maths app (like [mathsbot.com](https://www.mathsbot.com)).
- ☐ Go on a family walk.
- ☐ Create a masterpiece of art.
- ☐ Learn to count to 10 in another language.
- ☐ Have a 10 minute day dream.
- ☐ Make (and fly) a paper aeroplane.
- ☐ Play a game with your family which is NOT computerised.
- ☐ Learn a new song.
- ☐ Learn a new dance.
- ☐ Do a Joe Wicks PE session.

