



Haytor View Community Primary School & Nursery

Learning together - enjoying success - aiming high - celebrating difference – enriching community

Weekly Newsletter – 3rd June 2020

'.....commitment to ensuring that all pupils are afforded the best opportunity to achieve is at the centre of every decision.....' OFSTED July 2017

Chair of Governors: Niema Bohrayba

WELCOME BACK TO A NEW HALF TERM!

We hope that this newsletter finds you all safe and well, that you had a relaxing half term and enjoyed the wonderful weather.



As in-school provision moves forward this half term be assured that we will be continuing to update the website with activities for your children to get involved in.

We continue to be delighted to hear from you, finding out about how you are spending your time and what you have chosen to 'get involved with' from the website, either from class pages or the 'Other Fun Activities' section. Do let us know if you want more, or different, from the suggestions that we have made.

Our school team will continue to get in touch by telephone, especially where your children are not in year groups that we are able to welcome into school yet. The purpose of the call is simply to say 'hello' to you and your children – these calls bring us an enormous amount of pleasure, and we hope that they allow you and your child too continue to feel 'connected' with us. We love hearing about whatever it is you are getting up to and are really grateful for the time you give us when we get in touch.

In spite of the lovely weather, which has changed a bit today (!), we recognise that it continues to be a complicated and stressful time – you are certainly not alone in feeling this so do get in contact with us in the usual way if you want to talk anything through.

**DON'T FORGET – IF IN DOUBT JUST VISIT OUR WEBSITE www.haytorview.devon.sch.uk
FOR ADVICE, GUIDANCE & SUPPORT OR CONTACT US:-**

School Gateway; Email admin@haytorview.devon.sch.uk; Tel. 01626 203040

SCHOOL RE-OPENING UPDATE

This week has seen some children returning to Reception, Years 1 and 6, in response to the Government's wish to re-open schools. In our letter to you on Monday we shared our firm belief that **parents are the best judge of when children return to school**. Where children have been allocated days to come into school this offer will be kept open so that when the time feels right for families, children can join us without any difficulty.

To help keep everyone updated with what is going on in school we will be sending texts to parents with simple information about how things are looking from time to time. We'll open these texts with 'Keeping you in the picture....' so watch out for these popping up on your phones – we hope they provide a window into what is happening at Haytor View for those who are not able to be with us at the moment. Of course if you want more of an insight please get in touch.

We hope that those children and parents who have felt comfortable joining us so far this week have been able to feel assured about how the school is seeking to keep children safe - there have certainly been plenty of smiles and it's been great to see children coming together again, even in small numbers.

As our plans for introducing more children to school move forward we will continue to keep you updated by letter. With this in mind we'd like to remind you of our message from last half term:

- **we are keen to get more children back into school as soon as it is safe to do so;**
- **we will not make decisions that may compromise the safety of children, staff, parents;**
- **we will not be seeking to penalise parents who make personal decisions relating to children's safety;**

ARE YOU ENTITLED TO FREE SCHOOL MEAL SUPPORT?

We are really pleased to be able to say that all of our families entitled to free school meals are now receiving shopping vouchers or lunches delivered daily to their door. We are **continuing to have families who have just discovered that they are entitled to free school meals** and we have been able to assist them in accessing this support.



Are you wondering whether recent changes mean that you may now be entitled to free school meals? If your child does qualify for this provision you are currently entitled to £15 in food vouchers each week, or freshly made packed lunches delivered to you.

Please contact us on 01626 203040 if you want to explore this.

KEEPING CHILDREN SAFE ONLINE

Please find below and attached resources from the Police Counter Terrorism Prevent Team, who are concerned about children having an increased exposure to online content and particularly their vulnerability to exploitation and radicalisation. It's never been more important to keep your children safe online.

Useful websites

www.crimestoppers.co.uk - Report crimes anonymously

www.ceop.gov.uk - Working with child protection partners across the UK and overseas to identify the main threats to children and coordinates activity against these threats to bring offenders to account, protecting children from harm online and offline

www.childline.org.uk - Childline is a private and confidential service for children and young people up to the age of 19 to report any issues that concern them.

www.educateagainst hate.co.uk - This website gives parents, teachers and school leaders practical advice on protecting children from extremism and radicalisation.



Parents/Family Resources:

<https://www.connectfutures.org/>: A UK based organization engaged developing a range of programs to build resilience to extremist thought in young people.

<http://www.pave.net.au/>: A grassroots Australian non-profit working to counter extremism, including through short educational films.

CELEBRATING SUCCESS – 'GOOD TO BE ME!'



We are encouraging families to spend a moment to share the success of the children who are doing things that make them happy at home. We'd love to hear your comments about what you and your child have got up to this week. You know how to get in touch!

'I felt proud of myself when I . . . '

SAFEGUARDING – EVERYONE'S RESPONSIBILITY

Concerned about a child or if you need help parenting your child you can call 0345 155 1071 or email mashsecure@devon.gcsx.gov.uk. Out of hours please call 0845 6000 388. If it is an emergency dial 999.

NSPCC

LOOKING AFTER OUR WELL BEING – GOOD SLEEP HYGIENE

Sleep can make a big difference to our resilience, our ability to manage our emotions and maintain positive mental health. Good sleep habits are shown to improve our mood and concentration. However for every hour of sleep missed there is a 14% increase in unpleasant emotions and feeling as well as a 50% increased chance of feeling sad or hopeless.

1. Make sure your bedroom is conducive to sleep – cool, quiet, dark and comfortable;
2. Go to bed and wake up at the same time every day;
3. Avoid drinks with caffeine, including fizzy drinks;
4. Expose yourself to sunlight in the morning;
5. Sleep on a comfortable mattress and pillow;
6. Don't go to bed feeling hungry;
7. Develop a relaxing routine e.g. read a book;
8. Keep phones and computers out of the bedroom when sleeping;
9. Exercise daily;
10. Don't have pets in the bedroom at night time.



THAT FOODBANK

Feel free to contact them direct (01626 437310) or speak contact the school if you would like an introduction to the service – please don't wait until you are going short – having food provided can ease pressure in other areas of household costs too.

