

Week 1

WEEK COMMENCING: 4TH SEPT, 25TH SEPT, 16TH OCT, 13TH NOV, 4TH DEC



MONDAY

Pork Sausage with Mash & Gravy

V Vegetable & Lentil Pasta Bolognese

Jacket Potato with Tuna

Carrots
Green Beans
Eve's Pudding with Custard

TUESDAY

Chicken & Vegetable Chow Mein with Noodles

V Neapolitan Pasta

V Jacket Potato with Cheese

Broccoli
Roasted Vegetables
Shortbread

WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy

V Vegetable & Lentil Loaf with Roast Potatoes & Gravy

V Jacket Potato with Baked Beans

Red Cabbage
Roast Parsnips
Frozen Toffee Yoghurt

THURSDAY

BBQ Chicken Pizza

V Margherita Pizza

V Jacket Potato with Coleslaw

Coleslaw
Salad
Fruity Flapjack

FRIDAY

 Fish Fingers & Chips

V Bean Burger with Chips

V Jacket Potato with Cheese

Baked Beans
Peas
Apple & Berry Sponge with Custard

Week 2

WEEK COMMENCING: 11TH SEPT, 2ND OCT, 30TH OCT, 20TH NOV, 11TH DEC

MONDAY

Macaroni Cheese

V Vegetable Chilli Con Carne with Rice

V Jacket Potato with Coleslaw

Green Beans
Sweetcorn
Peach Crumble with Custard

TUESDAY

Beef Spaghetti Bolognese

V Potato, Red Onion & Cheese Frittata

V Jacket Potato with Baked Beans

Carrots
Peas
Chocolate Cracknell

WEDNESDAY

Roast Gammon with Roast Potatoes & Gravy

V Vegetarian Cottage Pie

V Jacket Potato with Cheese

Cabbage
Vegetable Medley
Syrup Sponge with Custard

THURSDAY


Meat Feast Pizza

V Margherita Pizza

Jacket Potato with Tuna

Fruity Coleslaw
Salad
Jelly & Ice Cream

FRIDAY

 Fish Fingers & Chips

V Vegetarian Burger with Chips

Jacket Potato with Salmon Mayonnaise

Baked Beans
Peas
Pear & Chocolate Pudding with Chocolate Sauce

Week 3

WEEK COMMENCING: 18TH SEPT, 9TH OCT, 6TH NOV, 27TH NOV

MONDAY

Chicken Sausage with Mash & Gravy

V Vegetarian Sausage with Mash & Gravy

V Jacket Potato with Coleslaw

Carrots
Green Beans
Apple & Berry Sponge with Custard

TUESDAY

Lemon Chicken with Roasted Potatoes

V Vegetable & Bean Pasta

V Jacket Potato with Baked Beans

Broccoli
Cauliflower
Apple & Cinnamon Pie with Vanilla Sauce

WEDNESDAY

Roast Pork with Roast Potatoes & Gravy

V Butternut Squash & Chickpea Patty with Roast Potatoes

V Jacket Potato with Cheese

Cabbage
Swede
Frozen Strawberry Yoghurt

THURSDAY

Meat Feast Pizza

V Margherita Pizza

V Jacket Potato with Coleslaw

Roast Vegetables
Winter Slaw
Berry Muffins

FRIDAY

 Fish Fingers & Chips

V Cheese & Onion Pasty with Chips

Jacket Potato with Tuna

Baked Beans
Peas
Fruity Flapjack

The Guide to Goodness

AT LEAST 50% FRUIT

Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.