

# Week 1

WEEK COMMENCING: 1ST JANUARY / 22ND JANUARY / 19TH FEBRUARY / 12TH MARCH

## MONDAY

Pork Sausage with Mashed Potato & Gravy



Vegetarian Mince & Vegetable Pasta Bake



Deli Bar

Carrots  
Green Beans

Toffee Apple Crumble with Custard



## TUESDAY

Beef & Onion Pie with Boiled Potatoes



Tomato & Basil Penne Pasta



Deli Bar

Broccoli  
Red Cabbage

Crispy Cake

## WEDNESDAY

Roast Gammon with Roast Potatoes & Gravy

Quorn Sausage with Mashed Potato & Gravy



Deli Bar

Roasted Parsnips  
Peas

Peach Fool

## THURSDAY

Meat Feast Pizza



Margherita Pizza

Deli Bar

Winter Slaw  
Salad

Fruity Flapjack

## FRIDAY

Fish Fingers & Chips



Roasted Vegetable Lasagne



Deli Bar

Peas  
Baked Beans

Peach Sponge with Custard



# Week 2

WEEK COMMENCING: 8TH JANUARY / 29TH JANUARY / 26TH FEBRUARY / 19TH MARCH

## MONDAY

Chicken & Sweetcorn Pie with Boiled Potatoes



Macaroni Cheese



Deli Bar

Sweetcorn  
Carrots

Peach Upside Down Cake with Custard



## TUESDAY

Beef Spaghetti Bolognese



Cheese & Onion Quiche with New Potatoes



Deli Bar

Roasted Vegetables  
Green Beans

Oat & Raisin Biscuit



## WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy

Three Bean Casserole with Roast Potatoes

Deli Bar

Braised Cabbage  
Swede

Jam & Coconut Sponge with Custard



## THURSDAY

Meat Feast Pizza



Margherita Pizza

Deli Bar

Coleslaw  
Salad

Jelly with Mandarins

## FRIDAY

Battered Fish & Chips



Quorn Burger & Chips

Deli Bar

Peas  
Baked Beans

Pear & Chocolate Pudding with Chocolate Sauce



# Week 3

WEEK COMMENCING: 15TH JANUARY / 5TH FEBRUARY / 5TH MARCH / 26TH MARCH

## MONDAY

Pork Sausage with Mashed Potato & Gravy

Vegetable Chickpea Jambalaya

Deli Bar

Carrots  
Vegetable Medley

Fruit Berry Sponge with Custard



## TUESDAY

Cottage Pie



Sweet Potato & Lentil Curry with Rice

Deli Bar

Green Beans  
Cauliflower

Apple & Cinnamon Pie with Vanilla Sauce



## WEDNESDAY

Roast Pork with Roast Potatoes & Gravy

Vegetable & Lentil Loaf with Roast Potatoes & Gravy

Deli Bar

Broccoli  
White Cabbage

Frozen Toffee Yogurt

## THURSDAY

Chicken & Sweetcorn Pizza

Margherita Pizza

Deli Bar

Fruity Coleslaw  
Roasted Veg

Chocolate Muffin



## FRIDAY

Fish Fingers & Chips



Cauliflower & Broccoli Bake with Chips



Deli Bar

Peas  
Baked Beans

Lemon Drizzle



Menu Key:

Organic Flour



Organic Beef Mince



Organic Milk



Vegetarian



Organic Pasta



Free Range Chicken



50% Fruit



MSC Fish



# The Guide to Goodness

AT LEAST 50% FRUIT

Many of our homemade desserts contain at least 50% fruit!

SUSTAINABLE FISH

The fish we serve is from well-managed and sustainable fisheries.

HOME MADE

Over 75% of our dishes are made fresh on site today from fresh ingredients.

Whole Grain

We use wholegrain flour and serve wholemeal bread.

Sourced Locally

Where possible we use ingredients sourced from local producers.