

Week 1 WEEK COMMENCING: 7TH JAN / 28TH JAN / 25TH FEB / 18TH MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausages with Mashed Potato & Gravy	Beef Lasagne	Roast Chicken Breast with Roast Potatoes & Gravy	BBQ Chicken Pizza with Wedges	Battered Fish with Chips
Cheese & Tomato Penne Pasta	Roasted Vegetable Lasagne	Quorn Sausage Toad in the Hole & Roast Potatoes	Margherita Pizza with Wedges	Quorn & Vegetable Stir Fry with Noodles
Jacket Potato & Tuna Mayonnaise	Jacket Potato & Baked Beans	Jacket Potato & Salmon Mayonnaise	Jacket Potato & Coleslaw	Jacket Potato & Cheese
Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
Broccoli & Sweetcorn	Peas & Roasted Mediterranean Vegetables	Carrots & Green Beans	Sweetcorn & Roasted Root Vegetables	Baked Beans & Peas
Berry Muffin	Orange Jelly & Mandarins	Peach Upside Down Sponge with Custard	Oat & Sultana Biscuit	Chocolate Cracknell

Week 2 WEEK COMMENCING: 14TH JAN / 4TH FEB / 4TH MARCH / 25TH MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausages with Mashed Potato & Gravy	Beef Penne Pasta Bolognese	Roast Gammon with Roast Potatoes & Gravy	BBQ Chicken Pizza with Wedges	Fish Fingers with Chips
BBQ Quorn Sausages with Mashed Potato	Spicy Bean Burger in a Bap with Jacket Wedges	Shepherdess Pie with Roast Potatoes	Margherita Pizza with Wedges	Macaroni Cheese
Jacket Potato & Coleslaw	Jacket Potato & Baked Beans	Jacket Potato & Cheese	Jacket Potato & Tuna Mayonnaise	Jacket Potato & Cheese
Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
Sweetcorn & Peas	Carrots & Green Beans	Carrots & Peas	Fruity Coleslaw & Sweetcorn	Baked Beans & Peas
Apple & Berry Crumble with Custard	Chocolate Sponge with Chocolate Custard	Strawberry Jelly	Toffee Apple Muffin	Eve's Pudding with Custard

Week 3 WEEK COMMENCING: 21ST JAN / 11TH FEB / 11TH MARCH / 1ST APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausages with Mashed Potato & Gravy	Cottage Pie	Roast Pork with Roast Potatoes & Gravy	Piri Piri Chicken Pizza with Wedges	Fish Fingers with Chips
Quorn Meatballs in Tomato Sauce & Penne Pasta	Macaroni Cheese	Cheese & Tomato Penne Pasta	Margherita Pizza with Wedges	Tomato, Lentil & Bean Pasta Bake with Chips
Jacket Potato & Cheese	Jacket Potato & Coleslaw	Jacket Potato & Baked Beans	Jacket Potato & Tuna Mayonnaise	Jacket Potato & Cheese
Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
Carrots & Broccoli	Sweetcorn & Green Beans	Carrots & Peas	Vegetable Medley & Runner Bean Slaw	Baked Beans & Peas
Pancakes with Chocolate Sauce	Apple Crumble with Custard	Fruity Flapjack	Strawberry Jelly	Pear & Chocolate Sponge with Custard

The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.

Menu Key: Organic Flour Organic Beef Mince Organic Milk Vegetarian Organic Pasta Free Range Chicken 50% Fruit MSC Fish